

## **CSCSHC Elementary Lunch Menu**

October 2019

**Walking Taco** W/Doritos Hamburger/Cheese

Corn Orange Wedges Peaches Red Pepper Strips Parent/Teacher

2

NO SCHOOL

**Conferences** 

**BBQ Dragon Ribs** Popcorn Chicken w/Roll

> Oven Fries Banana Applesauce Spinach Salad

Fish Sticks w/Roll Pepperoni or Cheese Pizza

> Peas Cantaloupe Mandarin Oranges **Cumber Slices**



**FALL BREAK** 



NO SCHOOL!

11



14

**Corn Dog Bites** Chicken Nuggets w/Roll

**Cooked Carrots** Fresh Apple Mixed Fruit Fresh Broccoli

15

Pancakes & Sausage Hamburger/Cheese

**Tator Tots** Orange Wedges **Peaches Cucumber Slices**  16

Chicken Alfredo w/Roll **Chicken Patty** Sandwich

Green Beans Strawberries Pears **Grape Tomatoes**  17

Roasted Turkey w/Roll Popcorn Chicken w/Roll

> Mashed Potatoes Banana Applesauce Baby Carrots

18

**Hot Dog** Pepperoni or Cheese Pizza

**Baked Beans** Cantaloupe Mandarin Oranges Celery

21

Chicken & Noodles **Chicken Nuggets** w/Roll

> **Baked Beans** Fresh Apple Mixed Fruit **Baby Carrots**

22

**Beef/Cheese Nachos Hamburger Cheese** 

Corn Orange Wedges Peaches **Red Pepper Strips**  23

**BBQ Dragon Rib Chicken Patty** Sandwich

Oven Fries Grapes Pears Fresh Broccoli 24

Spaghetti w/Roll **Popcorn Chicken** w/Roll

Green Beans Banana Applesauce Cucumber Slices 25

Pizza Burger Pepperoni/Cheese Pizza

Peas Cantaloupe Mandarin Oranges Celery

28

Meatball Pizza Sub **Chicken Nuggets** w/Roll

**Cooked Carrots** Fresh Apple Mixed Fruit Fresh Broccoli

29

Chicken Quesadilla Hamburger/Cheese

Corn Orange Wedges Peaches **Grape Tomatoes**  30

Macaroni & Cheese w/Roll **Chicken Patty** Sandwich

Green Beans Grapes Pears Cucumber slices 31

Country Fried Steak w/Roll Popcorn Chicken w/Roll

Mashed Potatoes Banana **Applesauce Baby Carrots** 

**Hot Dog** Pepperoni/Cheese Pizza

**Baked Beans** Cantaloupe Mandarin Oranges Spinach Salad

Mondays: Bagel Pizza Pack Tuesdays: Taco Salad Wednesdays: Deli Turkey/Ham Thursdays: Popcorn Chicken Salad Fridays: Yogurt Muffin Cheese Pack

Served Daily: Chef Salad with Roll, PB&J

100% Assorted Fruit Juice Fat Free Flavored, 1% and Fat Free Milk